

BE SAFE ON THE WAY

Everyone, especially **women**, trying to leave across Ukraine's borders right now is at risk of **human trafficking**. Keep in mind, many people are offering support, but not everyone is who they say they are.

ID/PASSPORT

Never give your passport or identity documents to anyone other than a border guard. Carry it close to your body at all times (e.g. bra).

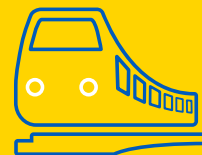
Take a picture of it with your phone so that you can have a back-up in case of loss or theft. Send that copy to friends/family/email to yourself.



TRAVEL

All people possessing a **Ukrainian passport** can use the **Deutsche Bahn** rail service free of charge. If you're traveling by taxi, bus, or another form of transport, **share your location** with a family member or friend along the way. If something seems suspicious then get out immediately.

Before you get into a vehicle, **take a picture** of the license plate and send it to friends or family. Avoid getting into cars of drivers who do not allow these pictures to be taken.



MONEY

Carry **cash** somewhere **hidden** on you, maybe even in multiple places. Assume any bag or luggage with you **may have to be left behind** at some point.

Memorize your **credit card/debit card** number. Memorize phone numbers for multiple trustworthy people who would **wire you money** or help you if you really need it and you lose your phone.



CONTACTS

Develop a **code word** with your friends and family so that if you are in **danger** and cannot say that, they know what it means. They should already have the license plate and current location.



ACCOMODATION

If you arrive at a place to stay and you do not feel safe, leave as soon as possible. Once safe, ask for help and support from trusted people or organizations.



KOK Counselling:



In case of violence against women please call:

08000 116 016

The Violence against Women Support Hotline

